



## How to Promote Participation in *A True Fast for the Free Methodist Church* May 19- June 27

This prayer and fasting event is not intended to be a complicated event. Rather ***our goal is simply to enlist 10,000 participants to be praying and fasting*** in some manner for the Free Methodist Church some time during the 40-day period up until General Conference 2003.

You can help us do this by simply promoting the many options individuals can choose to be involved privately. If you choose, you can also plan a simple event for your church to participate in together.

### PROMOTE INDIVIDUAL PARTICIPATION

- Get promotional materials on-line** ([www.freemethodistchurch.org/GenConf](http://www.freemethodistchurch.org/GenConf))
  - Bulletin inserts
  - Sample bulletin announcements
  - Church newsletter article
  - 11x17 inch poster
- Publish information in bulletins and newsletters**
- Place an 11x17 inch poster in a visible location**
- Give the "True Fast" exposure in the public meetings of your church**
  - Explain the purpose of the True Fast
  - Describe the many different ways people can participate in fasting
  - Emphasize the value of prayer and fasting
  - Acknowledge our deep need of God's help for the Free Methodist church and leaders
- Point people toward sign-up locations**
  - ***It is very important that people and churches sign up.***
  - Direct them to sign up on-line if possible
  - Make sign up sheets available in a visible location, or pass a sign up sheet

### PLAN AND PROMOTE CHURCH INVOLVEMENT

- 24-hour Prayer Vigil**
  - Pick any day during the 40-day to have people praying around the clock for 24 hours
  - Use the sign-up sheet available on line to sign up people to pray
  - Prayer guides will be available on-line (by May 15) to be printed to help participants know how to spend their hour in prayer.
- Be a "40-day" True Fast Church**
  - Promote the idea of having at least one person from your church praying everyday for General Conference during the 40 day period
  - Circulate the sign-up sheet or post it in a visible location
  - A prayer guide for the entire 40-day period will be available on-line (by May 15) to give participants instructions about what to pray for each day.
- Open your church for prayer**
  - Select a day(s) of the week when the church altar can be open for people to come and go before work, during the day, during lunch, or in the evening.
  - Or, sponsor one all-night prayer service.
  - Leave copies of the 40-day prayer guide on the altar for people as they come and go.
- Please sign-up your church so that we have a record of how you chose to be involved.***